



WORKSHEET

How to find out your passions after your unfulfilling job has robbed you from living at your fullest potential

STEP 1 to discovering what it is you are truly passionate about so you can earn income in a way that has a positive impact on the world

Answer the following questions:

I suggest printing this worksheet out and leaving it somewhere you can easily add to it throughout the upcoming days. Answering these questions will require a bit of contemplation so take your time and enjoy the process

1. What did you love doing as a child?

2. What types of conversations, books, magazines, documentaries, and videos do you find yourself constantly attracted to?

3. Is there anything in your life you could not imagine ever not doing?

4. What makes you happy or at what moments do you feel most happy?

5. What are you so good at that when do it you truly come alive?

6. What do you value most in life?

7. What fires you up?

8. Who are you? What is your personality type (the good and the bad)?

9. How would you like other people to see you?

Once you've spent some soul searching time answering the above questions to the best of your ability take a look over your answers.

Does anything really stand out for you as far as igniting a spark from within?

Are you noticing any common themes regarding the type of work you'd love to do?

Can you see any connections between the things you are good at, the things you love doing, and the things that could help other people?

Make note of all these things below so that you are prepared for Step 2 of discovering what it is you are truly passionate about so you can earn income in a way that has a positive impact on the world

To help you out a little more here is a list of “passion” categories

| | | |
|-------------|--------------|--------------|
| Learning | Fun | Health |
| Career | Family | Spirituality |
| Environment | Community | Arts |
| Teaching | Travel | Achievement |
| Recreations | Productivity | Friends |
| Partner | Connection | Creativity |
| Fame | Wealth | Business |
| Sport | Intellect | Leadership |
| Awareness | Balance | Religion |
| Control | Service | Freedom |

Select your top 15 categories

What 15 things would you love to be spending your time on most

Once you have selected your top 15 see if you can reduce your list of 15 to your top 5.

These top 5 categories could very well guide you to what it is you'd like to start a business based around